

NEWSLETTER

July 2018

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Message from the Editor

Greetings this July from the International Association of Music and Medicine. We are excited to bring you this newsletter just following the 5th International Association of Music and Medicine Conference in Barcelona, Spain. We are incredibly grateful for all the hard work of Nurià Escudé (conference organizer) and her team. They worked tirelessly and endlessly to provide an enriching conference experience and to engage us in the healthcare and arts community in Barcelona. Organizing and hosting a conference is a monumental task and we applaud their commitment and effort in hosting us in Barcelona.

You can read about the conference in the conference report in this issue. You will also see pictures that capture many moments throughout the conference. It is always an honor and pleasure to gather as colleagues and share our latest research, clinical discoveries, and new knowledge. This allows us to share this information with colleagues around the world and help to advance the work we do through this vibrant exchange. If you were not able to join us for this conference, we hope to see you at the next conference in 2020. You will soon be seeing an announcement of the location and dates of this upcoming conference.

This issue also introduces two new members of the review board for Music and Medicine. We are pleased to welcome and introduce Dr. Joseph Schlesinger, M. D. and Friederike Haslbeck, Ph.D., NICU-MT. Drs. Schlesinger and Haslbeck join the journal team and working to review articles submitted for publication. They join the journal team that works diligently to bring a high quality and innovative publications in each issue, striving to move the field of music and medicine forward.

Dr. Patravoot Vatanasapt, IAMM President includes his greeting in this issue as well. There is also an opportunity for you to get involved with IAMM if you are interested. Please see this call to action and respond if you feel you are able and willing to contribute to the organization. We would be happy to welcome your skills and expertise.

Annie Heiderscheit, Ph.D., MT-BC, LMFT

The International Association for Music & Medicine promotes sharing and capacity building across a wide range of fields including arts medicine, music performance, performance arts medicine, music psychology, medical humanities, ethnomusicology, music cognition, music neurology, music therapy, music in hospitals, infant stimulation, and music medicine. Please join us. www.iammonline.com

5th International Conference of the International Association for Music and Medicine Report

Barcelona, Spain

June 7-10, 2018

**Annie Heiderscheit, Ph.D., MT-BC, LMFT and
Vera Brandes, MSc**

The 5th International Conference of the International Association for Music and Medicine was held in Barcelona, Spain. 339 participants from 49 countries gathered at the World Trade Center of Barcelona for the event. The conference was comprised of 1 Plenary lecture, 2 Plenary sessions, 10 pre and post conference workshops, 32 conference workshops, 72 oral presentations, and 36 research posters.

The opening ceremony participants were greeted by Nurià Escudé (conference organizer), Dr. Joseph Planas, and Dr. Patravoot Vatansapt (IAMM president). This was followed by a lecture by Dr. Rafael Ramirez on Music, Neuroscience and Technology for Health and Well-being. The conference included many invited speakers from all around the world. On the first day of the conference Dr. Gabriel Sara (USA) provided a plenary session on Music therapy and the cancer patient. Invited speakers presented on a variety of topics and the latest Music and Medicine research. On the second day of the conference Gro Trondalen (Norway) gave a plenary session on Music therapy for chronic fatigue syndrome/Myalgic Encephalomyelitis (CFS/ME) following Epstein-Barr Virus Infection in adolescents.

Invited conference speakers included: Andrew Rossetti (USA) Joanne Loewy (USA), Ann Hannan (USA), Patravoot Vatanaasapt (Thailand), Wendy Magee (USA), Erik Baumann (Peru), Bernardo Canga (USA), Claudia Zanini (Brazil), Helen Shoemark (Australia/USA), Brian Schreck (USA), Jane Edwards (Australia), Mark Ettenberger (Colombia), Connie Tomaino (USA), Gerhardt Tucek (Austria), Jane Edwards (Australia), Esa Ala-Ruona (Finland), Tereza Alcantara-Silva (Brazil), Susanne Bauer (Germany), Mauro Cabral (Spain), Elsa Campbell (Finland), Amy Clemets-Cortes (Canada), Angel Conesa (Spain), Jordi Craven (Spain), Maria Del Olmo (Spain), Martina De Witte (Netherlands), Caros Dòro (Brazil), Francesco Facchin (Italy), Silvio Feliciani (Italy), Teresa Fernández (Cuba), Karina Ferrari (Argentina), Amelia Gil (Spain),



Conference Attendees: 339 Participants from 49 Countries!

5th International Conference of the IAMM (cont.)

Oscar Estibalez (Spain), Ronnie Gardier (Sweden), Pau Gimeno (Spain), Maria Montserrat Gimeno (USA), Diana Guelar (Spain), Stéphane Guétin (France), Suzanne Hanser (USA), Marcela Lichtensztein (Argentina), Alicia Lorenzo (Spain), Alex March (Spain), Isabel Muniente (Spain), Marilena Mascimiento (Brazil), Josep Planas (Spain), Daniel Padilha (Spain), Serafina Poch (Spain), Marko Punkanen (Finland), Stephan Quetzel (USA), Erika Saito (Japan), Diego Salamanca (Spain), Joseph Schlesinger (USA), Fred Schwartz (USA), Ralph Spintge (Germany), Joan Carles Trallero (Spain), Esperanza Torres Serna (Denmark), Vanessa Vannay (Argentina), Jing-wen Zhang (China), Yinan Zhang (China), Vera Brandes, (Austria), and Annie Heiderscheit (USA).

There were four pre-conference workshops available for participants. These included: VIBRAC Satellite Symposium by Amy Clements-Cortes, Esa Ala-Ruona, Marko Punkanen, Elsa Campbell and Joanne Loewy; Soundpainting for Music therapy by Isabel Muniente and Jordi Ruiz; Music technology as a tool for music therapy by Rafael Ramirez; and Music psychotherapy approaches in treating pain: Assessment and treatment by Andrew Rossetti and Joanne Loewy. Following the conference there were six workshops offered, these included: Music therapy for neurorehabilitation in patients with Parkinson's disease by Tereza Raguel Alcántara-Silva; Community music therapy by Pau Gimeno; The Ronnie Gardiner Method by Ronnie Gardiner and Oscar Estibalez; Inner travel through imagination and music healing: Experiential workshop of the GIM MT method by Alex March and Amelia Gil; Music therapy and applied neuroscience by Rafael Ramirez; and MED-GIM: Adaptations of the Bonny Method and its applications in medical settings by Montserrat Gimeno.

Friday evening conference participants gathered for a percussion circle led by Pau Gimeno (Spain) and sponsored by REMO, Inc. The group engaged joyously in making music together in the beautiful weather just outside the conference venue.

The organizing committee also coordinated opportunities for participants to visit local hospitals including Hospital del Mar and Sant Pau. Following these visits participants were able to enjoy a concert by the Aphasic Choir. There were special events during the conference as well. Thursday evening following the opening session, participants were treated to a private tour of City Hall, and following a glimpse of some of the historic aspects of this Barcelona government building, conference attendees were invited to an opera concert. Friday evening conference participants were granted a special tour of Círculo del Liceo, which is a private and exclusive English-style club with a unique artistic heritage that fosters the social and cultural life of Barcelona and Catalonia. Conference participants were given a special access tour of the club and invited to a tapas and wine reception on the rooftop following the tour. The views of Barcelona were spectacular!

The conference concluded by thanking the organizing committee, invited speakers, and presenters. The announcement of the 2020 IAMM conference was also made and participants discovered the next conference will be held in Boston, Massachusetts. The closing session of the conference included a plethora of music and music making. It began with gospel music performed by first year master of music therapy students from the University of Barcelona, directed by Erwyn Seerutton. Next there was body percussion with Santi Serratosa and first year master of music therapy students. Concluding with the music therapy band consisting of second year master of music therapy students directed by professors Tamir Satorra (percussion), Jordi Ruiz (electric bass) and Isabel Muniente (keyboards). Conference participants joined in the music making at each and every moment, celebrating this time together in the music as well. The celebration continued with singing, dancing, tapas, and wine at a local venue.



IAMM Board of Directors

**PLEASE JOIN US FOR THE NEXT IAMM INTERNATIONAL CONFERENCE IN BOSTON,
MASSACHUSETTS, HOSTED BY BERKLEE COLLEGE OF MUSIC.
SAVE THE DATE: MAY 28th - JUNE 1st, 2020 (pending formal approval)**

Welcome to the Editorial Board of Music & Medicine

Friederike Haslbeck, Ph.D., NICU-MT



Friederike Haslbeck, Ph.D., NICU-MT

Dr. Haslbeck studied violin, piano and music therapy, becoming certified as a neonatal music therapist in Germany and Switzerland. She currently holds a post-doctoral research fellowship and clinical music therapist position at the Clinic of Neonatology at the University Hospital Zurich and the University Hospital Bern, Switzerland. She lectures at the Zurich University of the Arts and Zurich University of Applied Science and offers a certified NICU-training program for German-speaking countries. She has published numerous articles and book chapters on neonatal music therapy.

1. **What interested you in becoming a member of the editorial team of Music and Medicine?**

I am very interested in the Journal of Music and Medicine because it is an interdisciplinary journal at the interface of music and medicine. Publishing, presenting and translating our work for and with other healthcare providers will be a crucial value to further develop and establish the field of music therapy in the public health system.

2. **What are your clinical and/or research areas of expertise?**

My clinical and research area of expertise is neonatal music therapy. In my master thesis, I theoretically developed how to work with very preterm infants, so-called Creative Music Therapy with preterm infants and their parents (CMT). In my doctoral thesis, I evaluated the approach with qualitative studies. Currently, I am conducting an RCT evaluating effects of CMT on neurobehavioral outcomes in preterm infants. I have implemented neonatal music therapy at several Clinics of Neonatology.

3. **What music and medicine based research do you hope to see in the future of this field?**

I hope to see interdisciplinary rigorous conducted studies, both with qualitative and quantitative methods or mixed-method studies. I look forward to articles incorporating theories of empowerment and participation. I will be interested in reports that value family-centered and/or integrated approaches with sensitive cultural methods.

Welcome to the Editorial Board of Music & Medicine

Joseph J. Schlesinger, M.D.

1. What interested you in becoming a member of the editorial team of Music and Medicine?

One of the plenary talks focused on a call to action that music research is published across domains. It is easy to stay within our silo and talk/write for ourselves. It is necessary to publish our research in disciplines such as psychology, neuroscience, human factors engineering, and clinical medicine. Through striving to publish in high-impact journals, music and medicine research can reach a broad readership, encourage collaboration, and improve the development of our field.

2. What are your clinical and/or research areas of expertise?

I am an anesthesiologist and intensivist, working both at a large academic institution and the Veterans Administration hospital. My research interests are manifold, but broadly focus on auditory medical alarms on the academic side and how collaborative music composition and music therapy can improve post-ICU neuropsychological outcomes in the Veteran population.

3. What music and medicine based research do you hope to see in the future of this field?

I think it is imperative to take the qualitative work that has been done and design robust research studies that can show qualitative, statistically significant, and clinically significant results. I would love music therapists to have an active research and clinical practice role on (ICU) care teams, prescribe plans of care, write notes in patient charts, and use big data to capture patient outcomes.

Joseph J. Schlesinger, M.D., is an Assistant Professor in the Department of Anesthesiology Division of Critical Care Medicine at Vanderbilt University School of Medicine where he attends in the operating room, neuro ICU, burn ICU, and VA surgical ICU.



After earning his Bachelor of Arts in Music with a concentration in Jazz Piano Performance from Loyola University in New Orleans, Dr. Schlesinger earned his Doctor of Medicine degree from the University of Texas Health Science Center at Houston. He then completed his anesthesiology residency and critical care medicine fellowship at Vanderbilt before joining their faculty in 2013.

While in training, Dr. Schlesinger became a Benjamin Howard Robbins scholar and subsequently completed a research fellowship under the mentorship of Dr. Mark Wallace, Director of the Vanderbilt Brain Institute, studying the effects of multisensory training on pulse oximeter pitch perception. This work led to his receipt of the prestigious Society of Critical Care Medicine Education Specialty Award in 2014.

Since then Dr. Schlesinger has expanded his research interests to include human factors engineering, aural perception, temporal precision, alarm development, and patient monitoring. He actively fosters collaboration across the medical center and university in these pursuits, holding adjunct faculty appointments in Vanderbilt's School of Nursing, Department of Hearing and Speech Sciences, and the division of Biomedical Engineering within the School of Engineering. In addition to his faculty appointment at Vanderbilt, he is a research member of the Centre for Interdisciplinary Research in Music Media and Technology, and an Adjunct Professor of Electrical and Computer Engineering at McGill University in Montreal, Canada.

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ICU-related PTSD – A review of PTSD and the potential effects of collaborative songwriting therapy*

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Message from the President of IAMM



Hola! It was great meeting you at the 5th IAMM Conference in Barcelona, one of the World's smartest cities where culture joins with technology. This characteristic is not only evident by the atmosphere and 'feel' of the city, but also in the wide range of scientific topics presented at the IAMM conference. We learned the history from the pioneers, progress in various aspects of music medicine and music therapy from world-class experts, and we heard inspiring talks from invited speakers from around the world. I would like to express my appreciation to Nuria Escudé, the President of the Organizing Committee of the 5th IAMM conference, and Joseph Planus, the Chair of the Scientific Committee. They and their team showed great leadership and made this conference successful. I would also like to acknowledge the Executive Committee, Board of Directors, and the members of IAMM, especially Vera Brandes and Andrew Rossetti who represented IAMM in collaborating with the host for this excellent conference in Barcelona. We had a productive meeting with the Editorial Board of *Music and Medicine*, led by our Editor-in-Chief, Joanne Loewy & Ralph Sprintge, along with the great team of Amy Clements-Cortes, Erik Baumann, and Annie Heiderscheit. Various types of articles and formats are available for you to access and submit to the journal, with interesting special issues to come. We also had a great meeting of the Executive Committee and the Board of Directors. I would like to thank you all for your contribution to IAMM.

Finally, we are glad to announce that IAMM accepted the bid to host the IAMM 2020 Conference at Berklee College of Music in Boston on May 28-31. I would like to thank Suzanne Hanser for representing the next host city for the conference. As a place where some of the world's best institutions in music and in medicine are situated, I believe our conference in Boston will be one of the most spectacular and you should definitely not miss it.

Patravoot Vatanasapt
President, IAMM

Interested in getting involved in IAMM?

We are looking for members to share their passion and skills.

Our communications team is looking for individuals interested in assisting with:

1. Social media
2. Joining the newsletter team

If you would like more information or are interested in lending your skills, please email Annie Heiderscheit at heidersc@augsburg.edu

Find us on [Facebook!](#)

Feedback: Is there anything you would like to suggest or lead? Please let us know at iamminfo@gmail.com.

From the IAMM Executive Committee

IAMM Membership offers opportunity for friendly cross disciplinary collegiality

Full member - developed world -
\$100.00 (USD)

Subscription period: 1 year as a member from the developed world you will receive 4 issues of the journal per annum, and will be able to access the journal online.

Full member - developing world -
\$50.00 (USD)

Subscription period: 1 year Members from the developing world are eligible for online access to the journal, and all other benefits of IAMM membership.

Check the eligibility of your country by consulting this link
http://www.ifad.org/governance/ifa_d/listc.htm

Student, unwaged, retired –
\$50.00 (USD)

Subscription period: 1 year. Members in this category have access online to the *Music & Medicine* journal and full access to all information about activities and events.

"Our goal is to provide relevant information and support for everyone around the world interested in or working specifically in the area of music and medicine."